The following is a list of eligible out-of-pocket health care expenses.

NOTE: This list is not meant to be all-inclusive, as other expenses not specifically mentioned may also qualify. Please review IRS Publication 502, Medical and Dental Expenses for further information:


Acne Treatment
Ex: Clean & Clear, Murad Acne Complex Kit, Proactive Solution
Acne Treatment – Laser
Acupuncture
Adaptive Equipment
Air Conditioners/Air Purifiers
Airway Clearance Vest
Alcoholism/Drug/Substance Abuse Treatment
Allergy Medicines
Ex: Benadryl, Claritin, Sudafed
Allergy Products & Mitigation
Ex: HEPA Furnace Filters and HEPA Vacuum Cleaner Filters, Humidifier
Ambulance
Analgesics
Ex: Advil, ibuprofen, Tylenol, BenGay, Icy Hot
Antacids/Acid Reducers
Ex: Gas-X, Maalox, Tums
Anti-Arthritics
Antibiotics – Topical
Ex: Neosporin, Tripe Antibiotic Ointment
Anticandidal – Yeast Infection
Ex: Monistat, Vagistat-1
Anti-Diarrheal
Ex: Immodium, Pepto-Bismol
Antifungal
Ex: Lamisil AT, Lotrimin AF, Micatin
Antihistamines
Anti-Itch Products – Lotions & Creams
Ex: Calamine, Hydrocortisone
Artificial Limb/Teeth
Asthma Medicines
Ex: Bronstint Mist, Bronkaid, Bronkolixer
Automobile Modifications
Baby Formula
Band-Aids/Bandages
Bath Tub Rails/Grips
Beds – Mattresses
Bedside Commodes
Behavioral Therapy
Birth Control
Ex: Depo-Provera, Nuvaring, Ortho Tri Cyclen, Yasmin, Intrauterine Device (IUD)
Birth Control – OTC Drugs
Ex: SPemidiccs
Birth Control – OTC Supplies
Ex: Condoms, Ovulation Kits
Blood Pressure Monitors
Blood Storage
Body Scans
Bradley Classes
Braille Books & Magazines
Breast Pumps & Lactation Supplies
Ex: Nursing Cream & Ointment, Nursing Pads & Shields, Storage Bags & Bottles
Breast-reconstructive surgery following mastectomy
Capital Expense
Ex: Constructing Entrance or Exit Ramps, Installing Railings, Support Bars or Other Modifications to Bathrooms
Carpet Removal
Chairs – Reclining
Childbirth Classes (mother only)
Chiropractic
Chondroitin
Christian Science Practitioners
Circumcision
Cochlear Implants
Co-Insurance
Cold & Flu Medicines
Ex: Dayquil, Pediacare, Robitussin, Cough Drops, Nasal Sprays, Throat Lozenges
Cold Sore Medicines
Ex: Abreva, Herpecin
Compression Hosiery/Socks
Contact Lenses
Co-Payments
Cord Blood Storage
Ex: Cataract, LASIK, Corneal Rings
Contact Lenses
Ex: Cataract, LASIK, Corneal Rings
Counseling (everything but marriage or career)
CPAP Devices
Crutches
Dancing Lessons
Deductibles
Defibrillator
Dental Care
Diabetic Supplies
Diaper Rash Creams
Diapers
Doctor Fees
Doulas
Ear Care – Solutions
Ex: Murine Ear Wax Removal Drops, Swimmer's Ear Drops
Ear Care
Ear Plugs
Electrolyte Replacements
Ex: Pedialyte
Eye Care
Eye Drops
Ex: Murine, Visine
Eye Surgery

Expenses marked with * require a Letter of Medical Necessity from your health care provider to qualify for reimbursement.

Expenses marked with RX require a prescription to qualify for reimbursement (see Using a Medical Reimbursement Account to Pay for Over-The-Counter (OTC) Items).
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